

Introduction

Vellas and colleagues present the Gerontopole Frailty Screening Tool (GFST), an 8-item questionnaire intended to help general practitioners identify frailty in community-dwelling persons 65 years or older without functional disability or current acute disease. The first 6 questions evaluate the patient's status (living alone, involuntary weight loss, fatigue, mobility difficulties, memory problems and gait speed), whereas the last two assess the general practitioner's personal view about the frailty status of the individual and the patient's willingness to be referred to the Frailty Clinic for further evaluation.. Patients aged 65 years and older without both functional disability (Activities of Daily Living score $\geq 5/6$) and current acute disease.

Source: <http://frailty.net/frailty-toolkit/diagnostic-tools/looking-for-frailty-in-community-dwelling-older-persons-the-gerontopole-frailty-screening-tool-gfst-2/>

Assessment

Question	No	Yes	Unknown
1. Does your patient live alone?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Has your patient involuntarily lost weight in the last 3 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Has your patient been more fatigued in the last 3 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Has your patient experienced increased mobility difficulties in the last 3 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Has your patient complained of memory problems?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Does your patient present slow gait speed (i.e., >4 seconds to walk 4 meters)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If you have answered YES to one or more of these questions:			
7. Do you think your patient is frail?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. If YES, is your patient willing to be assessed for his/her frailty status at the Frailty Clinic?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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Published 14th November, 2018.
 Last updated 14th November, 2018.
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