Aspects of Mental Status

1. Function
2. Reason
3. Orientation
4. Memory
5. Arithmetic
6. Judgment
7. Emotion

Function

1 = Mental function is adequate

2 = Because of mental impairment, resident will need some at home support, at least part of the day or week.

3 = Because of mental impairment, resident needs 24 hour support and supervision 7 days/week

Reasoning - Ask

Recite a proverb and ask the resident to explain the meaning. Example: "The early bird catches the worm" and "a stitch in time saves nine".

1 = Resident explained proverb well; gave general connotations of proverb.

2 = Resident gave some semblance of meaning but with some incompleteness or was unable to generalize.

3 = Resident was completely

Orientation - Ask

- Day of the week (if necessary present choices)
- Month, date, and year
- Place: Where are you now? (Is this your house, apartment, drs office, hospital, nursing home?
- What is your name?

1 = Resident was generally accurate and made only minor errors in time place, or self.

2 = Resident made significant error in one area: time place, or self.

3 = Resident made significant errors in two or three areas: time, place, or self.

Memory - Ask Questions

Distant: Who was the President of the U.S. during WWII and was in a wheelchair?

- Where were you born? In what year were you born?

Recent: What did you have for breakfast today?

- Where were you at this time yesterday?

Immediate: What did I ask you about the U.S. Presidents?

- Remember the numbers 4, 12, and 18. I will be asking you to repeat them in the next few minutes. (Then ask to repeat)

1 = Resident was generally accurate and made only minor errors in distant, recent or immediate memory.

2 = Resident made a significant error in one area: distant, recent, or immediate memory

3 = Resident made a significant error in two or three areas: distant, recent or immediate memory.

Scoring

- A score of 1–3 is assigned to each aspect with an overall rating being the sum of all scores. FROMAJE classifies individuals into one of 4 categories as determined by the overall rating as follows:

7 - 8 No significant abnormality in behavior or cognition

9 -10 Mild dementia or depression

11-12 Moderate dementia or depression

13 or > Severe dementia or depression

FROMAJE Staging Formula:Total score of all subtests divided by 3 (avg. # of possible responses in each subtest = Stage of Dementia) Example: Total score = 18 / 3 = 6.0 Stage 14 / 3 = 4.6 (Stage)

Arithmetic - Ask

- Count back from 100 to 90.
- Subtract 7's from 100.
- Count from 1 to 20.

1 = Resident was generally accurate and made only minor errors.

2 = Resident made only one significant error.

3 = Resident made two or more significant errors

Judgement - Ask

- At night if you need some help, how can you obtain it?
- If you are having trouble with a neighbor, what can you do to improve the situation?
- If you see smoke in a wastepaper basket, what should you do?

1 = Generally sensible response.
2 = Some poor judgment demonstrated.
3 = Extremely poor judgment demonstrated.

Emotional State - Observe during interview

- Ask about crying, sadness, depression, optimism, etc.
- Consider behavior according to life situation.

1 = Emotional state seems reasonable and appropriate.
2 = Extensive or inappropriate depression or grandiosity.
3 = Extremely unreal or inappropriate ideas (delusional or hallucinatory, extreme depression or suicidal ideation)