

Introduction

Axis I is part of the DSM "multiaxial" system for assessment. The five axis model is designed to provide a comprehensive diagnosis that includes a complete picture of not just acute symptoms but of the entire scope of factors that account for a patient's mental health.

http://www.psyweb.com/DSM_IV/jsp/Axis_I.jsp

Axis I: Clinical Disorders

This is the top-level of the DSM multiaxial system of diagnosis. It represents acute symptoms that need treatment; Axis I diagnoses are the most familiar and widely recognized (e.g., major depressive episode, schizophrenic episode, panic attack). Axis I terms are classified according to V-codes by the medical industry (primarily for billing and insurance purposes).

Clinical Disorders are grouped into categories listed below with examples of each.

Adjustment Disorders

- With Anxiety
- With Depressed Mood
- With Disturbance of Conduct
- With Mixed Anxiety & Depressed Mood
- With Mixed Disturbance of Emotions & Conduct
- Unspecified.

Anxiety Disorders

- Acute Stress Disorder
- Agoraphobia
- Agoraphobia Without History of Panic Disorder
- Anxiety Disorder Due to a General Medical Condition
- Anxiety Disorder Not Otherwise Specified (Anxiety Disorder NOS)
- Generalized Anxiety Disorder (GAD)
- Obsessive-Compulsive Disorder (OCD)

Anxiety Disorders (cont)

- Panic Attack
- Panic Disorder With Agoraphobia
- Panic Disorder Without Agoraphobia
- Posttraumatic Stress Disorder
- Social Phobia
- Specific Phobia
- Substance-Induced Anxiety Disorder

Cognitive Disorders

- Amnestic
- Delirium
- Dementia

(Delirium, Dementia & Amnestic).

Dissociative Disorders.

- Depersonalization Disorder
- Dissociative Amnesia
- Dissociative Fugue
- Dissociative Identity Disorder
- Dissociative Disorder Not Otherwise Specified (NOS)

Eating Disorders

- Anorexia Nervosa
- Bulimia Nervosa
- Eating Disorder Not Otherwise Specified (NOS)

Factitious Disorders.

- With Combined Psychological & Physical Signs & Symptoms
- With Predominantly Physical Signs & Symptoms
- With Predominantly Psychological Signs & Symptoms

Impulse-Control Disorders

- Impulse-Control Disorder Not Otherwise Specified (NOS)
- Intermittent Explosive Disorder
- Kleptomania
- Pathological Gambling
- Pyromania
- Trichotillomania

(Not Classified Elsewhere)

Mental Disorders Due to a General Medical Condition

- Catatonic Disorder Due to a General Medical Condition
- Personality Change Due to a General Medical Condition

Mood Disorders

- Bipolar I Disorder
- Bipolar II Disorder
- Bipolar Disorder Not Otherwise Specified (NOS)
- Cyclothymic Disorder
- Depressive Disorder Not Otherwise Specified (NOS)
- Depression (General Overview)
- Dysthymic Disorder
- Major Depressive Disorder
- Mood Disorder Due to a General Medical Condition
- Mood Disorder Not Otherwise Specified (NOS)
- Substance-Induced Mood Disorder

Schizophrenia & other Psychotic Disorders

- Paranoid Type
- Disorganized Type
- Catatonic Type
- Undifferentiated Type
- Residual Type
- Brief Psychotic Disorder
- Delusional Disorder



Schizophrenia & other Psychotic Disorders (cont)

- ☐ Psychotic Disorder Due to a General Medical Condition
- ☐ Psychotic Disorder Not Otherwise Specified
- ☐ Schizoaffective Disorder
- ☐ Schizophreniform Disorder
- ☐ Substance-Induced Psychotic Disorder

Sexual & Gender Identity Disorders.

Paraphilias:

- ☐ Exhibitionism
- ☐ Fetishism
- ☐ Frotteurism
- ☐ Pedophilia
- ☐ Sexual Masochism
- ☐ Sexual Sadism
- ☐ Transvestic Fetishism
- ☐ Voyeurism
- ☐ Paraphilia Not otherwise Specified

Sexual Dysfunction:

- ☐ Hypoactive Sexual Desire Disorder
- ☐ Female Orgasmic Disorder (Inhibited Female Orgasm)
- ☐ Female Sexual Arousal Disorder
- ☐ Male Erectile Disorder
- ☐ Male Orgasmic Disorder (Inhibited Male Orgasm)
- ☐ Premature Ejaculation
- ☐ Sexual Aversion Disorder
- ☐ Sexual Dysfunction Due to a General Medical Condition
- ☐ Substance-Induced Sexual Dysfunction
- ☐ Sexual Dysfunction Not Otherwise Specified (NOS)

Sexual Pain Disorders:

- ☐ Dyspareunia (Not Due to a General Medical Condition)
- ☐ Vaginismus (Not Due to a General Medical Condition)

Sleep Disorders.

- ☐ Breathing-Related Sleep Disorder
- ☐ Circadian Rhythm Sleep Disorder
- ☐ Dyssomnias Not Otherwise Specified. (NOS)
- ☐ Insomnia Related to Another Mental Disorder
- ☐ Nightmare Disorder (Dream Anxiety Disorder)
- ☐ Primary Sleep Disorders:
 - ☐ Primary Insomnia
 - ☐ Primary Hypersomnia
 - ☐ Narcolepsy
- ☐ Sleep Disorder Due to a General Medical Condition
- ☐ Sleep Disorder Related to Another Mental Disorder
- ☐ Sleep Terror Disorder
- ☐ Sleepwalking Disorder
- ☐ Substance-Induced Sleep Disorder

Somatoform Disorders.

- ☐ Somatization Disorder
- ☐ Undifferentiated Somatoform Disorder
- ☐ Conversion Disorder
- ☐ Pain Disorder
- ☐ Hypochondriasis.Body Dysmorphic Disorder
- ☐ Somatoform Disorder not Otherwise Specified (NOS)

Substance-Related Disorders.

- ☐ Substance-Induced Anxiety Disorder.
- ☐ Substance-Induced Mood Disorder.
- ☐ Substance-Induced Psychotic Disorder.
- ☐ Substance-Induced Sleep Disorder.