### Cheatography

## Assessment: Appetite Problems in Senior Adults Cheat Sheet by [deleted] via cheatography.com/2754/cs/11794/

#### Introduction

Scoring

Total the score by adding the numbers associated with the patient's response.

A score of less than 28 is cause for concern.

If the total is

8-16 The patient is at risk for anorexia and needs nutrition counseling.

17-28 The patient needs frequent reassessment.

>28 The patient is not at risk at this time

#### A. My appetite is

- 1. Very poor
- 2. Poor
- 3. Average
- 4. Good
- 5. Very good

#### B. When I eat, I feel full after

- 1. Eating only a few mouthfuls
- 2. Eating about a third of a plate/meal

By [deleted]

2754/

cheatography.com/deleted-

- 3. Eating over half of a plate/meal
- 4. Eating most of the food
- 5. Hardly ever

#### C. I feel hungry

- 1. Never
- 2. Occasionally
- 3. Some of the time
- 4. Most of the time
- 5. All of the time

#### D. Food tastes

- 1. Very bad
- 2. Bad
- 3. Average
- 4. Good
- 5. Very good

#### E. Compared to when I was 50, food tastes

- 1. Much worse
- 2. Worse
- 3. Just as good
- 4. Better
- 5. Much better

#### F. Normally, I eat

- 1. Less than one regular meal a day
- 2. One meal a day
- 3. Two meals a day
- 4. Three meals a day
- 5. More than three meals a day (including snacks)

#### G. I feel sick or nauseated when I eat

- 1. Most times
- 2. Often
- 3. Sometimes
- 4. Rarely
- 5. Never

#### H. Most of the time my mood is

- 1. Very sad
- 2. Sad
- 3. Neither sad nor happy
- 4. Нарру
- 5. Very happy

# С

Published 2nd August, 2017. Last updated 12th May, 2017. Page 1 of 1.

#### Sponsored by Readable.com

Measure your website readability! https://readable.com