Cheatography

A Neuropathic Pain Screen Cheat Sheet

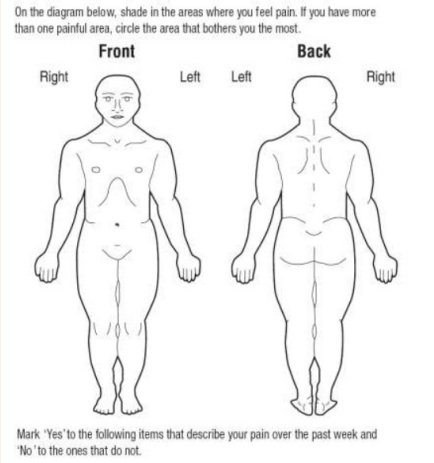
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Introduction

Tool can be used to evaluate presence of neuropathic pain. Ask the older adult the questions below and score as noted. Higher scores are more indicative of pain with a neuropathic component. A score of 3 or higher indicates likely presence of neuropathic pain and justifies a more detailed evaluation. If the older adult has more than one painful area, they are to consider the one area that is most relevant to them.Conditions that might have a neuropathic pain com ponent include diabetic or peripheral neuropathy, back pain, post-herpetic neuralgia, complex regional pain syndrome, leg/foot pain, large joint pain, and fibromyalgia.. Neuropathic Pain often requires different treatment approaches including use of anticonvulsants, antidepressants and other adjuvant medications.

Reproduced from Portenoy R for the ID Pain Steering Committee. (2006). Development and testing of a neuropathic pain screening questionnaire: ID Pain. Current Medical Research and Opinions, 22(6), 1555-1565.

Pain Diagram



Score

Question	Yes/No
1. Did the pain feel like pins and needles?	[___]
2. Did the pain feel like hot/burning?	[___]
3. Did the pain feel like numb?	[___]
4. Did the pain feel like electrical shocks?	[___]
5. Is the pain made worse with the touch of clothing or bed sheets?	[___]
6. Is the pain limited to your joints?	[___]

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Published 14th April, 2016.
Last updated 12th May, 2016.

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