Cheatography

10 Minute Dementia & Driving Checklist Cheat Sheet by [deleted] via cheatography.com/2754/cs/7281/

1. Dementia Type

Generally unsafe impact on executive function:

Lewy Body dementia (fluctuations, hallucinations, visuospatial problems)

□ **Frontotemporal dementias** (if associated with behaviour (decreased impulse control vs. apathy) or judgement issues)

2. Functional Impact of Dementia

 \Box Impairment of 2 or more IADL due to cognition.

 $\hfill \Box$ Impairment of 1 or more personal ADLs due to cognition.

3. Family Concerns

- □ Absolute contraindications
- -Near-misses with vehicles, pedestrians
- -Confusing the gas and brake

-Missing stop signs/lights; stopping for green light

-Not observing during lane changes/ merging

□ Relative contraindication

-Collisions and/or damage to the car

- -Getting lost
- -Traffic tickets
- -Deferring right of way inappropriately
- -Others honking/irritated with the driver
- -Needing a co-pilot

4. Visuospatial Issues

- □ Intersecting pentagons on MMSE
- Clock-drawing test
- Cube drawing on MOCA

5. Physical Limitations

Musculoskeletal problems, weakness/multiple medical conditions affecting:

-neck turn,

- -use of steering wheel/pedals,
- -ability to move feet rapidly
- -ability to feel the gas / brake pedals,

level of consciousness

□ Severe, poorly controlled or rapidly changing conditions that can impact driving.

6. Vision/Visual Fields

□ Visual acuity

□ Field of vision

7. Delirium Inducing Drugs

(Causing drowsiness, slow reaction time, lack of focus)

□ Alcohol, benzodiazepines, narcotics, neuroleptics, sedatives, anticonvulsants (Dilantin levels > 60)

□ Anticholinergics—antiparkinsonian drugs, muscle relaxants (flexiril, dantrolene), tricyclic antidepressants, antihistamine (OTC), antiemetics, antipruritics, antispasmodics, urinary (Ditropan) and others

8. Trail Making A and B

□ Trail A –Unsafe =>2 minutes or 2 or more errors

□ Trail B –Unsafe = >3 minutes or 3 or more errors (Unsure = 2– 3 minutes or 2 errors)

9. Ruler Drop Reaction Time

- □ 2 failed trials out of 3 trials
- □ Stroke(s), delirium, depression, Parkinson's, Sleep Apnea

10. Judgement/Insight

□ What would you do if you were driving and saw a ball roll out on the street ahead of you?

- □ What special # would you call if you saw a fire in a house?
- □ What would you do if driving and the light just turned yellow?

Other Red Flags

□ Hallucinations (should not drive)

- □ Agitation
- □ Apathy
- Depression
- □ Delusions
- □ Disinhibition
- □ Impulsiveness

OVERALL FINDINGS

- □ Safe
- Uncertain safety
- □ Unsafe (Report as per legal requirements)



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