## Cheatography

## VERBAL & NONVERBAL COMMUNICATION Cheat Sheet by danaseashells via cheatography.com/41877/cs/12648/

definition	Nonverbal Communication
All forms of communication are either verbal or nonverbal. Verbal messages uses words to convey information to other people. They are either vocal or nonvocal.	Nonverbal communication entails transmission of messages without the use of words. (nonlinguistic) Uses gestures, body movements, facial expressions, etc.
Verbal Communication	Types of Nonverbal communication
Vocal – spoken language	Body movement (Kinesics)
Nonvocal – alternatives to vocal language,	Social/physical space(Proxemics)
e.g. written words, sign language or finger spelling, Braille	Touch (Tactile)
	Time (chronemics)
People interpret messages in different ways	Paralanguage
Depending on communicators':	Silence
-relationship	Physical appearance & Clothing (artifacts)
-cultural values -background/orientation	Eye behavior/movement (Occulesics)
-beliefs	Nonverbal cues are especially important:
	Nonverbal cues are especially important:
Nonverbal to verbal communication	- For identity management
Nonverbal to verbal communication Contradicts	<ul> <li>For identity management</li> <li>In defining our relationships (e.g., level of intimacy)</li> </ul>
Nonverbal to verbal communication Contradicts Augments	- For identity management
Nonverbal to verbal communication Contradicts Augments Replaces	<ul> <li>For identity management</li> <li>In defining our relationships (e.g., level of intimacy)</li> <li>For expressing emotions we don't want to express, can't express, or don't know we're feeling</li> </ul>
Nonverbal to verbal communication Contradicts Augments Replaces Repeats	<ul> <li>For identity management</li> <li>In defining our relationships (e.g., level of intimacy)</li> <li>For expressing emotions we don't want to express, can't express, or</li> </ul>
Nonverbal to verbal communication         Contradicts         Augments         Replaces         Repeats         Complements	<ul> <li>For identity management</li> <li>In defining our relationships (e.g., level of intimacy)</li> <li>For expressing emotions we don't want to express, can't express, or don't know we're feeling</li> </ul>
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Nonverbal to verbal communication         Contradicts         Augments         Replaces         Repeats         Complements         Regulates         Substitutes	<ul> <li>For identity management</li> <li>In defining our relationships (e.g., level of intimacy)</li> <li>For expressing emotions we don't want to express, can't express, or don't know we're feeling</li> </ul> Nonverbal Messages: Present in all communications Mean different things May be intentional or unintentional Provide information May contradict verbal message May outweigh verbal message



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