

# Cheat Sheet Cheat Sheet by craftyKat32 via cheatography.com/196980/cs/41566/

Clinical Condition Abbreviations			
AACG: Acute Angle Closure Glaucoma	ACG: Angle Closure Glaucoma	AMD/ARMD: Age Related Macular Degeneration	CAG: Chronic Angle Closure Glaucoma
CAT: Cataract	CME: Cystoid Macular Edema	COAG: Chronic Open Angle Glaucoma	CA: Corneal Abrasion
DES: Dry Eye Syndrome	DM: Diabetes Mellitus	DME: Diabetic Macular Edema	DR: Diabetic Retinopathy
ERM: Epiretinal Membrane	FB: Foreign Body	GLC: Glaucoma	<b>GPC</b> : Giant Papillary Conjunctivitis
HSV: Herpes Simplex Viruys	IDDM: Insulin Dependent DM	IOFB: Intraocular Foreign Body	IOL: Intraocular Lens
IOP: Intraocular Pressure	KC: Keratoconus	KCS: Keratoconjunctivitis Sicca	LD: Lattice Degeneration
LTG: Low-tension Glaucoma	MGD: Meibomian Gland  Dysfunction	MH: Macular Hole	<b>NIDDM</b> : Non-insulin Dependent DM
NS: Nuclear Sclerosis	NTG: Normal Tension Glaucoma	OHT: Ocular Hypertension	PDR: Proliferative Diabetic Retinopathy
POAG: Primary Open Angle Glaucoma	PVD: Posterior Vitreous Detachment	RD: Retinal Detachment	RT: Retinal Tear
SCH: Subconjunctival Hemorrhage	SMH: Sub macular Hemorrhage	SPK: Superficial Punctate Keratitis	SUB HEME: Subconjunctival Hemorrhage

Pre-Testing/Diagnostic Machines		
Auto-Refraction (ARK):	Baseline prescription by measuring how light is affected as it reflects through the eye.	
Non-Contact Tonometry (NCT)	Measures the pressure inside the eye. Records the resistance of your corneas to the pressure.	
Lipiscan:	Analyze the health of the Meibomian glands. Could help indicate an abnormality or blockage of the glands.	
Tear Lab:	Measures the salt concentration in tears to aid in the diagnosis of dry eye diseases/ocular surface diseases.	
Optos: (screener = out of pocket)	Takes a 200' image of the back of the eye, which is needed to document the health of the optic nerve, vitreous, macula & it's blood vessels.	
Fundus: (billable to medical)	Same as above, done when pt has known medical diagnosis.	
Visual Field: (VF)	Used in detection/diagnosis of Glaucoma, AMD, Scotomas & brain abnormalities. Test's the full horizontal and vertical field of peripheral vision, identifying potential diminished or blind spots (scotomas) in the patients' vision.	



By craftyKat32

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## Pre-Testing/Diagnostic Machines (cont)

Optical

Non-invasive imaging tests. They use light waves to take cross-section pictures of your retina. With OCT, your ophthalmol-

ogist can see each of the retina's distinctive layers.

Coherence Tomography:

(OCT)\*

Oculus Kerato-

graph

An advanced corneal topographer with a built-in real keratometer and a color camera optimized for external imaging. Unique features include examining the meibomian glands, non-invasive tear film break-up time and the tear meniscus height measurement and evaluating the lipid layer.

#### **Drug/Treatment Abbreviation's**

qd = every day

bid = twice a day

tid = three times a day

qid = four times a day

qh = every hour

qXh = every X hour

prn = as needed

qn = every night

qhs = at bedtime

A.d. = as directed

gtt(s) = drops (1 mL = 20 drops)

ung = ointment

otc = over the counter

wc = warm compresses

AT's = artificial tears

PFAT's = preservative free artificial tears

#### Visual Abbreviations

VA = visual acuity

D & N = distance & near

BCVA = best corrected vision

ACC = accomodative

REF = refraction

NR = non refractive

PH = pinhole

PHNI = pin hole no improvement

CF = counting fingers

HM = hand motion

LP = light perception

NLP = no light perception

NI = no improvement

Other Charting Abbreviations

FH = family history

H&P = history & physical

H/O = history of

LEE = last eye exam

NKA = no known allergies

NKDA = no known drug allergies

RTC = return to clinic

Sx = symptoms

Hx = history

Dx = diagnosis

TBUT = tear break up time



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