# Cheatography

### Cheat Sheet Cheat Sheet by craftyKat32 via cheatography.com/196980/cs/41566/

Clinical Condition Abbreviations			
AACG: Acute Angle Closure Glaucoma	ACG: Angle Closure Glaucoma	AMD/ARMD: Age Related Macular Degeneration	CAG: Chronic Angle Closure Glaucoma
CAT: Cataract	<b>CME</b> : Cystoid Macular Edema	COAG: Chronic Open Angle Glaucoma	CA: Corneal Abrasion
DES: Dry Eye Syndrome	DM: Diabetes Mellitus	DME: Diabetic Macular Edema	DR: Diabetic Retinopathy
ERM: Epiretinal Membrane	FB: Foreign Body	GLC: Glaucoma	GPC: Giant Papillary Conjuncti- vitis
HSV: Herpes Simplex Viruys	IDDM: Insulin Dependent DM	IOFB: Intraocular Foreign Body	IOL: Intraocular Lens
IOP: Intraocular Pressure	KC: Keratoconus	KCS: Keratoconjunctivitis Sicca	LD: Lattice Degeneration
LTG: Low-tension Glaucoma	<b>MGD</b> : Meibomian Gland Dysfunction	MH: Macular Hole	NIDDM: Non-insulin Dependent DM
NS: Nuclear Sclerosis	NTG: Normal Tension Glaucoma	OHT: Ocular Hypertension	<b>PDR</b> : Proliferative Diabetic Retinopathy
<b>POAG</b> : Primary Open Angle Glaucoma	<b>PVD</b> : Posterior Vitreous Detachment	RD: Retinal Detachment	RT: Retinal Tear
<b>SCH</b> : Subconjunctival Hemorrhage	<b>SMH</b> : Sub macular Hemorrhage	SPK: Superficial Punctate Keratitis	<b>SUB HEME</b> : Subconjunctival Hemorrhage

#### Pre-Testing/Diagnostic Machines

Auto-Refraction (ARK):	Baseline prescription by measuring how light is affected as it reflects through the eye.
Non-Contact Tonometry (NCT)	Measures the pressure inside the eye. Records the resistance of your corneas to the pressure.
Lipiscan:	Analyze the health of the Meibomian glands. Could help indicate an abnormality or blockage of the glands.
Tear Lab:	Measures the salt concentration in tears to aid in the diagnosis of dry eye diseases/ocular surface diseases.
Optos: (screener = out of pocket)	Takes a 200' image of the back of the eye, which is needed to document the health of the optic nerve, vitreous, macula & it's blood vessels.
Fundus: (billable to medical)	Same as above, done when pt has known medical diagnosis.
Visual Field: (VF)	Used in detection/diagnosis of Glaucoma, AMD, Scotomas & brain abnormalities. Test's the full horizontal and vertical field of peripheral vision, identifying potential diminished or blind spots (scotomas) in the patients' vision.

By craftyKat32

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#### Pre-Testing/Diagnostic Machines (cont)

<i>Optical Coherence Tomography:</i> (OCT)*	Non-invasive imaging tests. They use light waves to take cross-section pictures of your retina. With OCT, your ophthalmol- ogist can see each of the retina's distinctive layers.
Oculus Kerato- graph	An advanced corneal topographer with a built-in real keratometer and a color camera optimized for external imaging. Unique features include examining the meibomian glands, non-invasive tear film break-up time and the tear meniscus height measurement and evaluating the lipid layer.

Drug/	Treatment Abbreviation's	

- qd = every day
- bid = twice a day
- tid = three times a day
- qid = four times a day
- qh = every hour
- qXh = every X hour
- prn = as needed
- qn = every night
- qhs = at bedtime
- A.d. = as directed
- gtt(s) = drops (1 mL = 20 drops)
- ung = ointment
- otc = over the counter
- wc = warm compresses
- AT's = artificial tears
- PFAT's = preservative free artificial tears

Visual Abbreviations

- VA = visual acuity
- D & N = distance & near
- BCVA = best corrected vision
- ACC = accomodative
- REF = refraction
- NR = non refractive
- PH = pinhole
- PHNI = pin hole no improvement
- CF = counting fingers
- HM = hand motion
- LP = light perception
- NLP = no light perception
- NI = no improvement

Other Charting Abbreviations

FH = family history

H&P = history & physical

H/O = history of

LEE = last eye exam

NKA = no known allergies

NKDA = no known drug allergies

RTC = return to clinic

Sx = symptoms

Hx = history

Dx = diagnosis

TBUT = tear break up time



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