

Truth

Truth is what is

Truth is what isn't, but should be

Truth is beauty

Truth is perfection

Truth is immaculate

Truth is love

The Church is the Defender of the Truth

God

God is love

God is mercy

God is on your (true) side

Life

No matter what we do or how much we neglect Him, God will always welcome us if we repent.

God will never give us more than we--with His help--can bear.

There is a spiritual gravity constantly pulling us down. Hence, we must constantly fight it by striving to lift ourselves up.

Science is usually temporarily mistaken; ultimately, Science is not contrary to the teachings of the Church.

Spiritual life is not subject to the scientific method; there are too many hidden variables. And yet, saints attained relative spiritual perfection by closely following the same instructions of the Church.

Do not pass judgment; hate the sin, but have love and compassion for the sinner.

