Prototype

Fludrocortisone

Action:

Retains Na & fluid

Increases K excretion

Indication

Addison's Disease

Contraindication:

Severe HTN

CHF

Cardiac Disease

Lactation

Cautions:

Pregnancy

High Na Intake

Infection

Drug Interactions:

Decrease effects of barbiturates & phenytoin

Oral diabetes meds & insulin doses may need adjustment d/t hyperglycemic effect

K-sparing diuretics counter act K excretion mechanism of fludrocortisone

Adverse Effects

Heart Failure

Edema

HTN

Hypokalemia

Hypernatremia

Nursing Interventions:

Monitor fluid/electrolyte (K & Na)

Monitor blood pressure

Monitor blood glucose levels

By **Cdorris**
cheatography.com/cdorris/

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