

### Prototype

Fludrocortisone

### Action:

Retains Na & fluid

Increases K excretion

### Indication

Addison's Disease

### Contraindication:

Severe HTN

CHF

Cardiac Disease

Lactation

### Cautions:

Pregnancy

High Na Intake

Infection

### Drug Interactions:

Decrease effects of barbiturates & phenytoin

Oral diabetes meds & insulin doses may need adjustment d/t hyperglycemic effect

K-sparing diuretics counter act K excretion mechanism of fludrocortisone

### Adverse Effects

Heart Failure

Edema

HTN

Hypokalemia

Hypernatremia

### Nursing Interventions:

Monitor fluid/electrolyte (K & Na)

Monitor blood pressure

Monitor blood glucose levels

