

# Heparin Cheat Sheet

by Cdorris via cheatography.com/137130/cs/28727/

Labs

PTT

CBC

(<150)

Therapeutic range = 45-70 sec.

Monitor for thrombocytopenia

### **Prototype**

Heparin

# Action

Blocks Prothrombin to Thrombin

### **Indications**

Prevents Pulmonary embolism

formation of clots & thrombus

Drug of Choice DIC

For:

#### **Contraindications**

Beef/Pork allergies or cultural/religious

objections

Thrombocytopenia

Bleeding disorder

# **Cautions**

Uncontrolled HTN: Heparin makes vessels more friable which could result in a fatal bleed

Recent surgery

GI ulcers

### **Adverse Effects**

Heparin induced thrombocytopenia with thrombosis (HITT)

Thrombocytopenia

# **Drug Interactions**

Anticoagulants

Penicillin

Antihistamines

Digoxin

Nitroglycerin

Nicotine

All of these drugs will exacerbate the effects of Heparin

# **Nursing Interventions**

Monitor Labs: Assess for therapeutic CBC & PTT drug effect & develo-

pment of AE

Antidote: Administer in the event of

Protamine Heparin overdose

Sulfate

Administration SubQ or IV

Route:

Half-life 90 min.

Injection site IV site will ooze and have may form more evident bruising

Hematoma

Drug of Choice for Bridge to other anticoagulants such as Warfarin



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