

### Prototype

Acarbose

### Action

Slows the absorption of Carbohydrates from the GI tract

### Indication

Can be used in patients with Type 1 or 2 Diabetes

### Contraindications

Do not give to patients with inflammatory or malabsorption GI disorder

### Administration

Must be given with first bite of meal... no food=no med

PO (does not need to be taken with meals)

### Nursing Interventions

Monitor CBC, A1C, & LFTs

Must use glucose tablets for hypoglycemia

### Adverse Effects

Flatus

GI distress

Pancytopenia

Hepatotoxicity

### Normal lab values

A1C <6.5 = diabetic goal

CBC Platelet = 150-400 WBC = 4-11,  
HCT 36-51, Hgb = 12-17

LFTs AST = 10-40, ALT = 7-56



By Cdorris

[cheatography.com/cdorris/](http://cheatography.com/cdorris/)

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Page 1 of 1.

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