

# Cheatography

## Diuretics Cheat Sheet

by Carm (Carmilaa) via cheatography.com/49544/cs/16824/

### Definitions:

**Diuretic:** Agent that increases urine volume.

**Natriuretic:**

Agent that increases in renal sodium excretion.

**Aqua-retics-ic:**

Agent that causes an increase in excretion of solute-free water (Osmotic Diuretics)

### Diuretic Agents:

**Carbonic anhydrase inhibitors:** Acetazolamide

**Loop Diuretics:** Frusemide, ethacrynic acid, torsemide, bumetanide

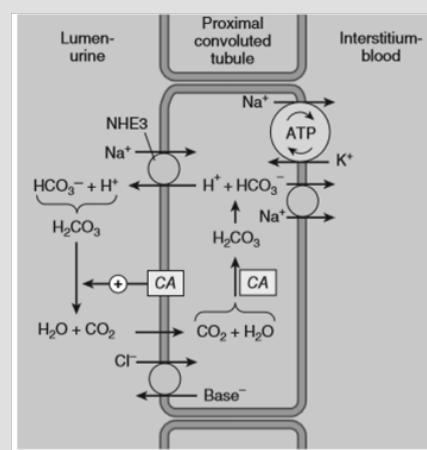
**Thiazide Diuretics:** Hydrochlorothiazide, chlorthiazide, indapamide

**Potassium sparing Diuretics:** Spironolactone, eplerenone, amiloride, triamterene

**Osmotic Diuretics:** Mannitol

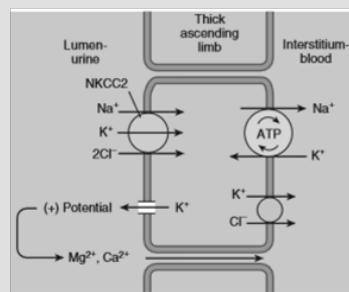
**ADH antagonists:** Conivaptan

### Carbonic Anhydrase Inhibitors:



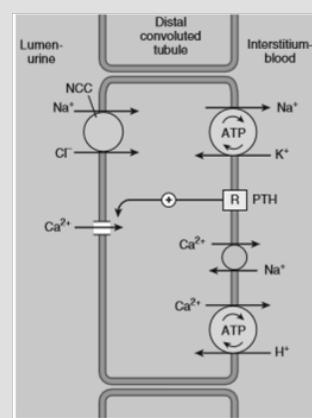
- > Bicarbonate diuresis (sodium bicarbonate excretion)
- > Metabolic acidosis
- > Increased potassium loss (High sodium concentration reaching collecting duct.)
- > Diuresis limited to 2-3 days
- > Uses: - severe acute glaucoma  
- High altitude sickness
- > A/E: renal stones

### Loop Diuretics:



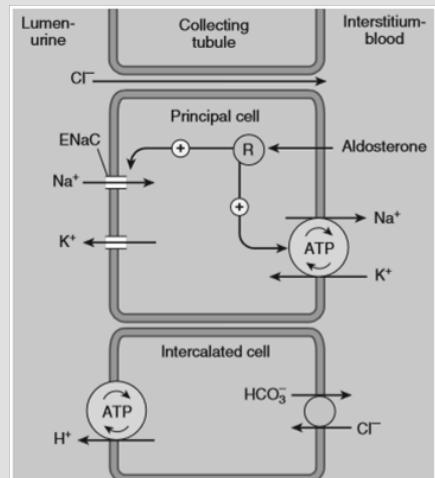
- > Inhibit cotransport of Na+, K+ and Cl-
- > 'High' ceiling' diuretics
- > Adverse effects: - Hypokalemia  
- Alkalosis  
- Ototoxicity
- > Clinical Use: = Oedema -> Heart failure, ascites, pulmonary oedema.
- = Short duration of action (4hrs) -> not preferred in HTN

### Thiazide Diuretics:



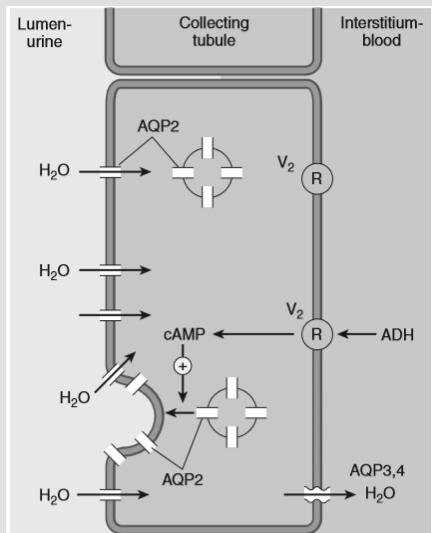
- > Inhibit sodium chloride cotransport
- > Moderate, sustained Na+ and Cl- diuresis
- > Adverse effects: - Hypokalemia, metabolic alkalosis, hypercalcemia  
- Hyperglycemia, hyperuricemia, elevated lipids.
- > Clinical Uses: = Hypertension

### Potassium-sparing Diuretics:



- > Aldosterone antagonists: - Spironolactone  
- Eplerenone
- > Reduces synthesis of sodium channels
- > Sodium channel inhibitors: - Amiloride  
- Triamterene
- > Decreased sodium reabsorption
- > Adverse Effects: - Hyperkalemia, - Acidosis, - Gynecomastia
- > Indications: HTN and HF
- > Should never be used with angiotensin antagonists

### ADH Antagonists:



- > Antidiuretic hormone facilitates water reabsorption (in collecting tubule)
- > ADH stimulates V<sub>2</sub> receptors: Stimulation of adenylyl cyclase
- > Increased cAMP = causes insertion of water channels (aquaporins) in the luminal membrane.
- > ADH antagonists: Decrease water absorption by blocking V<sub>2</sub> receptors (Convaptan, Tolvaptan)
- > Uses: syndrome of inappropriate ADH secretion.



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Published 28th August, 2018.  
Last updated 28th August, 2018.  
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