

Psychology

Psychology Study of Mind and Behavior

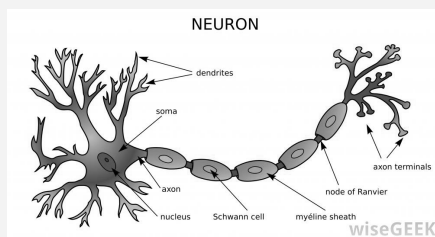
Central Tendency

| | |
|--------|------------------------|
| Mean | Average Score |
| Median | Value in the Middle |
| Mode | Occurs Most Frequently |

Skew Distribution

| | |
|--------------------------------------|------------------------------|
| Positive (+) - Graph: line goes up | same mean, median, mode |
| Negative (-) - Graph lines goes down | different mean, median, mode |

Neuron



Neuro

| | |
|---|---|
| Neurotransmitters | are chemicals of various kinds that travel across the synaptic gap to the next neuron, allowing the cells to talk |
| Neuroscience | studies the relationship between mental/brain activity |
| Behavioral Neuroscience | approach to psyc links psychological processes activities in nervous systems & other bodily processes |
| Synapse | the junction or region between the axon of one neuron and the dendrites or cell body of another |
| Three Ways Neurotransmitters Cleared from a Synapse | 1) Via Auto Receptors 2) Reuptake 3) Enzyme Deactivation |

Neuro (cont)

| | |
|-------------------|---|
| Action Potential | electrical signal that travels the length of an axon to a synapse |
| Resting Potential | the diff. in electrical charge between the inside of a neuron's cell membrane |
| Stimulus | sensory input from the environment |
| Reaction Time | amt of time to response to a specific stimulus |
| Myelin | a type of fatty tissue, covers sections of the axons of some neurons, assisting in the rapid transmission of signals through the axon |

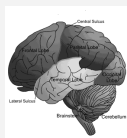
Terms

| | |
|--------------------------------|--|
| Reliable | if an instrument can attain the same measurement repeatedly when measuring the same thing |
| Validity | the degree to which an external even reflects a concept or idea |
| PNS: Peripheral Nervous System | 1) Somatic Nervous System - comm. info. between voluntary muscles&CNS involved in coordinating beh. 2) Autonomic Nervous System - comm. info automatically to blood vessels, organs, and glands |
| Ions | charges particles |
| Self-Selection | problem occurs when anything about a person determines inclusion in a group |
| Representing Data | 1) Graphic Representation - picturing 2) Descriptive Stats - discussing |

Terms (cont)

| | |
|---|---|
| Measures of Variability | 1) Range: largest value - smallest value = range 2) Standard Deviation: how much an avg. the scores differ from the mean |
| Variables | Independent - being manipulated Dependent - measured |
| Third Variable Problem | 2 variables are correlated only bc each is casually related to a 3rd variable |
| Groups | Experimental - exposed to manipulation Control - not exposed |
| Experimental Tools | 1) Manipulation - changing a variable to determine its casual power 2) Random Assignment - away of eliminating biases or uneven levels of third variables in the experimental and control groups |
| Double Blind | neither observer nor participate knows the true nature of the study |
| Demand Characteristics | can keep people from behaving naturally in an observational setting |
| Before we measure something ... | we must define it. |
| To the degree that an instrument can detect minute variation in magnitude that instrument has | power |

Visual Cortex



Subdivisions of the Brain

| | |
|-----------|---|
| ForeBrain | * Supports high-order cognition & emotion 2 Main Divisions: 1) Cerebral Cortex - outer area of the brain 2) Subcortical Structures - housed under the cortex at the center of the brain |
| HindBrain | * Coordinates info entering&exiting the spinal cord * Controls basic functions of life: respiration, alertness, motor skills * Composed of sections: the medulla, reticular formation, cerebellum, and the pons |
| MidBrain | * Relatively small in humans * Consisting of 2 mains parts - Tectum & Tegmentum: both orient you to stimuli in environment |

Brain

| | |
|----------------------|--|
| Pituitary | Master Hormone Gland |
| Amygdala | Deals with Emotion & Emotional Memories |
| Motor Cortex | Front Lobe |
| Somatosensory Cortex | Parietal Lobe |
| Corpus Callosum | Thick band nerve fibers connects large areas of cerebral cortex |
| Hypothalamus | Regulate body temp., hunger, thirst, and sexual behavior |
| Hippocampus | Help create new memories and sends them to other parts of the cortex |
| Thalamus | Takes in info. from all the major senses - except smell |

Brain Imaging Equipment

| Structural | Functional |
|---------------------------------------|---|
| 1) Computerized Axial Tomography (CT) | 1) Position Emission Tomography (PET) |
| 2) Magnetic Resonance Imaging (MRI) | 2) functional Magnetic Resonance Imaging (fMRI) |
| | 3) Trans-cranial Magnetic Stimulation (TMS) |

Mind Theories (Psyc)

| | |
|--------------------|--|
| Mind | the private inner experience of perceptions, thoughts, memories, feelings |
| Cultural Psyc | the study of how cultures reflect&shape the psyc processes of their members |
| Social Psyc | the study of the causes&consequences of sociality |
| Evolut-ionary Psyc | a psyc approach that explains minds&beh. in terms of adaptive value of abilities that are preserved over time by natural selection |
| Cognitive Psyc | computer & human mind ---> register, store, retrieve info. ---> parallel/similar |
| Physiology | the study of biological processes |
| Behavi-orism | observable actions of human beings & animals |
| Clinical Psyc | came out of medicine |
| | - Most PhDs in Psyc |
| Idealism | objects perceived existences dependent upon the activity of a mind |
| Realism | matter as the objects of perception is basic & exists independent of the perceiver |
| Hysteria | physical ailments w/out apparent cause |

People

| | | |
|----------------------|------------------------|--|
| Humanistic Psyc-gist | 1) Abraham Maslow | 2) Carl Roger |
| Marie Flourens | 1794-1867 | removed areas from the brains of various animals & realized that their beh. differed from those of unaltered animals |
| Rene Decrates | 12th century Frenchman | Dualism - mind/brain fundamentally diff. substances |
| Donald BroadBent | | 1st to study attention |

People (cont)

| | | |
|-----------------|---------------------------|--|
| Kurt Lewin | early 20th century | recognized the stimulus response model wasn't enough personal view/experience the response of a stimulus |
| Karl Lashley | 20th century | recorded how rats learned to run mazes and then removed parts of their brain and tested them against to see if they could still run the maze |
| Wundt | Intros-pection | subjective observation of one's own experience |
| | Struct-uralism | analysis of basic elements that constitute the mind |
| William James | philos-opher | human beh. can teach us about the human mind |
| | Func-ti-onalism | Consciousness - subjective experience of world&mind |
| Greek Thinkings | Phil. Position | Plato: Nativism - innate traits Aristotle: Empiricism - knowledge through experience |
| Thomas Hobbs | 17th Century Brit | mind is what brain does |
| G. Stanley Hall | | studied education&human development |
| Helmholtz | physicist & physio-logist | measured stimulus & response time studied speed of nerves in frogs |



People (cont)

| | | |
|---------|--|-------------------------------------|
| Gestalt | | emphasizes how the mind takes |
| Psyc | | pieces of an experiences&integrates |
| | | them into a single, or unified form |

| | | |
|--------|---------------|--------------------|
| John | 1st to really | Animal behaviorist |
| Watson | work out the | |
| | LIMITS OF | |
| | BEHAVIOR | |

Humans don't have mind

| | | |
|------------|--------------|--|
| BF Skinner | writer ---> | Skinner Boxes -> Rats -> Food |
| | psychologist | (Reinforcements) -> results (training) |

| | | |
|------------|--|-------------------------------------|
| Ebbinghaus | | nonsense syllabus -> storage device |
| | | -> no connection to life experience |

| | | |
|---------|-------------|-----------------------------------|
| Sigmund | medical Dr. | Psychoanalysis - a process to |
| Freud | associated | uncover unconscious problems that |
| | w/ | might drive conscious beh. |

| | | |
|---------|--------------|------------------------------------|
| Noam | behaviorist | shows the blinding effect of human |
| Chomsky | model could | stubbornness |
| | NOT account | |
| | for language | |
| | in children | |

| | | |
|-------------|--------------|---|
| Ivan Pavlov | 19th Century | noticed in his study of canine |
| | Physiologist | digestion, that dogs salivated not only |
| | | when they saw their food, but |
| | | eventually at the sight of their master |
| | | who would feed them. |

| | | |
|------------|--------------|-------------------------------------|
| Paul Broca | 19th century | Localization of Function - specific |
| | French | functions linked to specific brain |
| | Surgeon | areas |

People (cont)

| | | |
|-------|---------|---|
| Franz | 18th & | Phrenology - defunct theory: memory - |
| Gall | 19th | happiness, localized areas of the brain |
| | century | |



By **blueeyes7**
cheatography.com/blueeyes7/

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