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Psychology	Study of Mind and Behavior		
Central Tendency			
Mean	Average Score		
Median	Value in the Middle		
Mode	Occurs Most Frequently		
Skew Distributiion			
Positive (+) - Graph	: line goes up	same mean, median, mode	
Negative (-) - Graph	n lines goes down	different mean, median, mode	

Neuron

Psychology



Neuro	
Neurotransmitters	are chemicals of various kinds that travel across the synaptic gap to the next neuron, allowing the cells to talk
Neuroscience	studies the relationship between mental/brain activity
Behavioral Neuroscience	approach to psyc links psychological processes activities in nervous systems & other bodily processes
Synapse	the junction or region between the axon of one neuron and the dendrites or cell body of another
Three Ways Neurotransmitters Cleared from a Synapse	1) Via Auto Receptors
	2) Reuptake

3) Enzyme Deactivation

С

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Action Potential	electrical signal that travels the length of an axon to a synapse	
Resting Potential	the diff. in electrical charge between the inside of a neuron's cell membrane	
Stimulus	sensory input from the environment	
Reaction Time	amt of time to response to a specifc stimulus	
Myelin	a type of fatty tissue, covers sections of the axons of some neurons, assisting in the rapid transmission of signals through the axon	
Terms		
Reliable	if an instrument can attain the same measurement	

Reliable	if an instrument can attain the same measurement repeatedly when measuring the same thing	
Validity	the degree to which an external even reflects a concept or idea	
PNS: Peripheral Nervous System	1) Somatic Nervous System - comm. info. between voluntary muscles&CNS involved in coordinating beh.	
	 Autonomic Nervous System - comm. info automatically to blood vessels, organs, and glands 	
lons	charges particles	
Self-Selection	problem occurs when anything about a person determines inclusion in a group	
Representing Data	1) Graphic Representation - picturing	
	2) Descriptive Stats - discussing	

Neuro (cont)

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Subdivisions

Terms (cont)	
Measures of Variability	1) Range: largest value - smallest value = range
	2) Standard Deviation: how much an avg. the scores differ from the mean
Variables	Independent - being manipulated
	Dependent - measured
Third Variable Problem	2 variables are correlated only bc each is casually related to a 3rd variable
Groups	Experimental - exposed to manipulation
	Control - not exposed
Experimental Tools	1) Manipulation - changing a variable to determine its casual power
	 Random Assignment - away of eliminating biases or uneven levels of third variables in the experimental and control groups
Double Blind	neither observer nor participate knows the true nature of the study
Demand Characteristics	can keep people from behaving naturally in an observational setting
Before we measure something	we must define it.
To the degree that an instrument can detect minute variation in magnitude that instrument has	power

Subdivisions of the Brain			
ForeBrain	* Supports high-order cognition & emotion		
	2 Main Divisions:		
	1) Cerebral Cortex - outer area of the brain		
	2) Subcortical Structures - housed under the cortex at the center of the brain		
HindBrain	* Coordinates info entering&exiting the spinal cord		
	* Controls basic functions of life: respiration, alertness, motor skills		
	* Composed of sections: the medulla, reticular formation, cerebellum, and the pons		
MidBrain	* Relatively small in humans		
	* Consisting of 2 mains parts - Tectum & Tegmentum: both orient you to stimuli in environment		
Brain			
Pituitary	Master Hormone Gland		
Amygdala	Deals with Emotion & Emotional Memories		
Motor Corte	ex Front Lobe		

Parietal Lobe

cerebral cortex

parts of the cortex

behavior

Somatosensory Cortex

Corpus Callosum

Hypothalamus

Hippocampus

Thalamus

Visual Cortex



Brain Imaging Equipment	
Structional	Functional
1) Computerized Axial Tomography (CT)	1) Position Emission Tomography (PET)
2) Magnetic Resonance Imaging (MRI)	2) functional Magnetic Resonance Imaging (fMRI)
	3) Trans-cranial Magnetic Stimulation (TMS)

Thick band nerve fibers connects large areas of

Regulate body temp., hunger, thirst, and sexual

Help create new memories and sends them to other

Takes in info. from all the major senses - except smell

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Mind Theor	ies (Psyc)			
Mind	the private inner experience of perceptions, thoughts, memories, feelings			
Cultural Psyc	the study of how cultures reflect&shape the psyc processes of their members			
Social Psyc	the study of	the causes&consequences of sociality		
Evolutionar y Psyc	adaptive valu	a psyc approach that explains minds&beh. in terms of adaptive value of abilities that are preserved over time by natural selection		
Cognitive Psyc		computer & human mind> register, store, retrieve info > parallel/similar		
Physiology	the study of	the study of biological processes		
Behavioris m	observable actions of human beings & animals			
Clinical Psyc	came out of medicine			
	- Most PhDs in Psyc			
Idealism	objects perceived existences dependent upon the activity of a mind			
Realism	matter as the objects of perception is basic & exists independent of the perceiver			
Hysteria	physical ailments w/out apparent cause			
People				
Humanistic Psyc-gist	1) Abraham Maslow	2) Carl Roger		
Marie Flourens	1794-1867	removed areas from the brains of various animals & realized that their beh. differed from those of unaltered animals		
Rene Decrates	12th century Frenchman	Dualism - mind/brain fundamentally diff. substances		
Donald BroadBent		1st to study attention		

People (co	nt)	
Kurt Lewin	early 20th century	recognized the stimulus response model wasn't enough
		personal view/experience the response of a stimulus
Karl Lashley	20th century	recorded how rats learned to run mazes and then removed parts of their brain and tested them against to see of they could still run the maze
Wundt	Introspec tion	subjective observation of one's own experience
	Structura lism	analysis of basic elements that constitute the mind
William James	philosop her	human beh. can teach us about the human mind
	Function alism	Consciousness - subjective experience of world&mind
Greek Thinkings	Phil. Position	Plato: Nativism - innate traits
		Aristotle: Empiricism - knowledge through experience
Thomas Hobbs	17th Century Brit	mind is what brain does
G. Stanley Hall		studied education&human development
Helmholtz	physicist & physiolo gist	measured stimulus & response time
		studied speed of nerves in frogs

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People (con	t)		People	e (cont)	
Gestalt Psyc		emphasizes how the mind takes pieces of an experiences&integrates them into a single, or unified form	Franz Gall	18th & 19th century	Phrenology - defunct theory: memory - happiness localized areas of the brain
John Watson	1st to really work out the LIMITS OF BEHAVIOR	Animal behaviorist			
		Humans don't have mind			
BF Skinner	writer> psychologist	Skinner Boxes -> Rats -> Food (Reinforcements) -> results (training)			
Ebbinghaus		nonsense syllabus -> storage device -> no connection to life experience			
Sigmund Freud	medical Dr. associated w/	Psychoanalysis - a process to uncover unconscious problems that might drive conscious beh.			
Noam Chomsky	behaviorist model could NOT account for language in children	shows the blinding effect of human stubbornness			
Ivan Pavlov	19th Century Physiologist	noticed in his study of canine digestion, that dogs salivated not only when they saw their food, but eventually at the sight of their master who would feed them.			
Paul Broca	19th century French Surgeon	Localization of Function - specific functions linked to specific brain areas			

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