## Cheatography

# 21 Pathophysiology of the Cardiovascular System Cheat Sheet by bee.f (bee.f) via cheatography.com/180201/cs/37530/

#### Arrhythmias

#### Definition:

- Irregular heartbeat  $\rightarrow$  electrical signals that coordinate the heart's beats don't work properly

- Tachycardia: fast heartbeat/over 100BP (\*)
- Bradycardia: slow heartbeat/under 60BPM

#### Risk factors/causes:

- *Structural:* increasing age, males, hypertension, valvular heart disease, heart failure, cardiomyopathies, congenital heart disease, hyperthyroidism, diabetes, myocarditis, pulmonary disease, post-surgical state, obesity, alcohol

- *Electrical:* Channelopathies, genetic factors, lone (idiopathic) AF, autonomic imbalance

#### Pathophysiology & mechanism:

- ↓ in effectiveness of heart contractions
- Deficient or altered blood flow & tissue perfusion

#### Signs & symptoms:

- Light headedness
- Fainting (possible)
- Palpitations
- Cardiac arrest (if severe)
- Fatigue
- SOB
- Chest discomfort

**Treatment:** Medication, lifestyle change, invasive therapies, electrical devices, or surgery



By **bee.f** (bee.f)

cheatography.com/bee-f/

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Valvular disease

Definition:

Risk factors/causes:

Pathophysiology & mechanism:

Signs & symptoms:

Complications:

Treatment:

#### Arrhythmias (copy)

Definition:

Risk factors/causes:

Pathophysiology & mechanism:

Signs & symptoms:

Complications:

Treatment:

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