

Anti-Anxiety Medications Cheat Sheet by nipflick (apriltn) via cheatography.com/104035/cs/21304/

Benzodiazepine Actions	Side Effects	
Binds to benzodiazepine receptors	Physiological	Psychological
Facilitates GABA	Respiratory	Drowsiness
Slows neural transmission to	suppression	
decrease cellular excitation and	Ataxia	Dizziness
anxiety	Nausea	Confusion
Common Uses	Sedation	Early dementia
Anxiety	Decreased libido	Decreased concentration
Insomnia	Lack of	Depression
Alcohol use withdrawal	coordination	•
Pre-anesthesia for desired	Slurred	Decreased
amnesia/sedation	speech	alertness
Seizure prevention/treatment	*RISK OF FALLS!!	

Type of Benzodiazepines		
Generic Name	Brand Name	
Alprazolam	Xanax	
Chlordiazepoxide	Librium	
Clonazepam	Klonopin	
Diazepam	Valium	
Lorazepam	Ativan	
Midazolam	Versed	



Panic disorders

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