

Benzodiazepine Actions

Binds to benzodiazepine receptors

Facilitates GABA

Slows neural transmission to decrease cellular excitation and anxiety

Common Uses

Anxiety

Insomnia

Alcohol use withdrawal

Pre-anesthesia for desired amnesia/sedation

Seizure prevention/treatment

Panic disorders

Side Effects

Physiological	Psychological
Respiratory suppression	Drowsiness
Ataxia	Dizziness
Nausea	Confusion
Sedation	Early dementia
Decreased libido	Decreased concentration
Lack of coordination	Depression
Slurred speech	Decreased alertness

***RISK OF FALLS!!**

Type of Benzodiazepines

Generic Name	Brand Name
Alprazolam	Xanax
Chlordiazepoxide	Librium
Clonazepam	Klonopin
Diazepam	Valium
Lorazepam	Ativan
Midazolam	Versed



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