

### Benzodiazepine Actions

Binds to benzodiazepine receptors

Facilitates GABA

Slows neural transmission to decrease cellular excitation and anxiety

### Common Uses

Anxiety

Insomnia

Alcohol use withdrawal

Pre-anesthesia for desired amnesia/sedation

Seizure prevention/treatment

Panic disorders

### Type of Benzodiazepines

Generic Name	Brand Name
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Alprazolam	Xanax
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Chlordiazepoxide	Librium
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Clonazepam	Klonopin
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Diazepam	Valium
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Lorazepam	Ativan
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Midazolam	Versed
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### Side Effects

Physiological	Psychological
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Respiratory suppression	Drowsiness
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Ataxia	Dizziness
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Nausea	Confusion
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Sedation	Early dementia
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Decreased libido	Decreased concentration
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Lack of coordination	Depression
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Slurred speech	Decreased alertness
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**\*RISK OF FALLS!!**

