

Anti-Anxiety Medications Cheat Sheet by nipflick (apriltn) via cheatography.com/104035/cs/21304/

Benzodiazepine Actions
Binds to benzodiazepine receptors
Facilitates GABA
Slows neural transmission to decrease cellular excitation and anxiety

Common Uses	
Anxiety	
Insomnia	
Alcohol use withdrawal	
Pre-anesthesia for desired amnesia/s-edation	
Seizure prevention/treatment	
Panic disorders	

Type of Benzodiazepines		
Generic Name	Brand Name	
Alprazolam	Xanax	
Chlordiazepoxide	Librium	
Clonazepam	Klonopin	
Diazepam	Valium	
Lorazepam	Ativan	
Midazolam	Versed	

Side Effects		
Physiological	Psychologi- cal	
Respiratory suppression	Drowsiness	
Ataxia	Dizziness	
Nausea	Confusion	
Sedation	Early dementia	
Decreased libido	Decreased concentration	
Lack of coordination	Depression	
Slurred speech	Decreased alertness	
*RISK OF FALLS!!		



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