

Functions of Lipids

1. *Storage form of energy(high)*
2. *Lipid messenger*
3. *Structural components of Biomembrane*

Importance of Lipids

1. *High energy value*
2. *Storable(Unlimited)*
3. *Supply organism with EFAs & fat soluble vitamins*
4. *Essential for biomembrane & nervous system*

Simple Lipids

WAXES

Long chains of fatty acids & alcohols, Mainly used for cosmetic tools, Found in nature on leaves & stems

FATS

Fatty acids & glycerol; oil at room temperature... Either saturated or unsaturated.. Found in organisms such as: Triglycerides, phospholipids & sterols



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