Cheatography

Sonographic appearance of female pelvis Cheat Sheet by Alyssabruestle1 via cheatography.com/170636/cs/35812/

Sonographic Appearance		
Muscles	Hypoechoic	
Ligaments	Not seen unless there is free fluid; echogenic	
Posterior cul de sac	Not uncommon to see small amount of fluid	
Anterior cul de sac	usually empty	
Fallopian tubes	Not seen unless if there is fluid or pathology	
Vagina	Medium level echos, homogeneous with smooth contours	
Endometrium	Changes based on menses	
Superficial layer of endometrium	Typically hypoechoic depends on cycle.	
Basal layer of endometrium	hyperechoic	
Uterus	Dependent on myomet- rium. Isosonic to vaginal wall.	
Internal os	Hard to see unless pregnant	
External os	Echogenic line	
Cervix	Homogeneous, mid level echoes, isosonic to uterus	
Endometrial canal	Thin echogenic line	
Ovary	Homogeneous unless if there is a cyst	
Mature Graafian or follicles	Anechoic	

Endometrium (superficial) Throughout Cycle Menstrual phase Thin echogenic line (1-5 days) Proliferative Hyperechoic, 4-8mm, phase (day 5-9) "3 line sign" Proliferative isoechoic with phase (day 10-14) myometrium, 6-10mm thick echogenic line, Secretory phase (day 15-28) 7-14mm

Pelvic Muscles		
True pelvis	 Piriformis 2. Obturator internus pelvic diaphragm 	
False pelvis	1. Psoas major 2. iliacus 3. iliopsoas	
The pelvic diaphragm contains Levator ani and Coccygeus.		

Pelvic Ligaments Broad Extend from uterine ligaments cornua to the lateral pelvic walls. Round Holds uterus in place ligaments Cardinal and Provides support to the Utero Sacral CERVIX Support the ovaries Infundibulopelvic and ovarian Pubovesical Holds the urinary bladder and lateral **Pelvic Spaces** Anterior cul de sac Area between uterus and pelvic bone Posterior cul de sac Area between (pouch of Douglas) rectum and uterus

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Location	
Vagina	Between urethra and rectum; posterior to urethra and bladder.
Cervix:	Between body of uterus and vagina
- External os	Muscle that connects the cervix to vagina
- Internal os	Muscle that connect the body of uterus to cervix
Uterus	Between bladder and rectum
Fallopian tubes (salpingo)	Emerges from cornua of uterus (laterally)
Ovaries	Anterior to internal iliac arteries

Uterine Position Variations

Anteverted	Fundus is anteriorly at a 90 degree angle, most common.
Anteflexed	Fundus is pointing inferiorly and resting on cervix
Retrov- erted	Fundus is posteriorly at an angle
Retrof- lexed	Fundus is superiorly and resting on cervix

Segments	
UTERUS:	
- Fundus	Widest and most superior portion (at level of cornua)
- Corpus (body)	Largest part
- isthmus (internal os)	Connects body and cervix
- Cervix	Lowest uterine segment
FALLOPIAN TUBES (salpingo):	
- Interstitial (intramural)	Portion closest to uterus; narrowest

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- IsthmusShort straight narrow portion; adjacent to uterus- AmpullaLongest and most coiled portion; most common place for ectopic pregnancy- Infund- ibulumFunnel shape at end of the tubeOVARIES:Site of oogensis (production of eggs, outer portion; contains follicles- Central medullaMade up of ovarian vascul- ature, homogeneous.	Segments (cont)	
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Peripheral cortexeggs, outer portion; contains follicles- CentralMade up of ovarian vascul-	OVARIES:	
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