





#### 4 principles of learning

STRUCTURE : ORGANIZE AND CLARIFY INFORMATION	pay attention how information organized and keep it simple
EFFORT : ENGAGE WITH MATERIAL	test your compre- hension and write down what you learn in your own words
ACTIVE LEARNING : USE WHAT YOU LEARN	make abstract concepts more concrete by applying them to your life
RELEVANCE : HAVE A GOOD REASON FOR LEARNING	focus information that relevant to your life and information you can use now



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