## **NSAIDS Cheat Sheet**

by aina via cheatography.com/151298/cs/33445/

# Cheatography



## Enzyme targets by NSAIDs

NSAIDS tayets these enzymes CYCLOOXYGENASE (COX)



#### REMEMBER

COX-2

= C = K = Kidney

= 2 = B = Brain

## COX-1 = 1 = Number 1 so good at affecting everything else

## Chemical mediators of inflammation

Histamine	Mast cells, basophils, platelets	Vasodilation, Avascular permeability, endothelial activation
Serotonin	Platelets	Vasoconstriction
Prostaglandins	Mast cells, leukocytes	Vasodilation, pain and fever
Leukotrienes	Mast cells, leukocytes	↑/ascular permeability, chemotaxis, leukocyte adhesion & activation
Platelet-activating factor (PAF)	Leukocytes, mast cells,	Vasodilation,  vascular permeability,  chemotaxis, leukocyte adhesion,  degranulation, oxidative burst
Cytokines (TNF, IL- 1, IL-6)	Macrophages, endothelial cells, mast cells	Local: endothelial adhesion Systemic: fever, metabolic abnormalities, hypotension
Bradykinin	Plasma	Vasodilation, pain, Avascular permeability

#### extra information



By aina cheatography.com/aina/

#### Common NSAIDs



#### NOTES:

\* Cannot take other NSAIDs before taking aspirin because they may prevent aspirin action

- \* COX-2 selective has less AE of GI
- \* Naproxane less CVS effect dt antithromboxane

#### **REMEMBER:**

#### "ABCDIN"

- Aspirin
- iBuprofen, Naproxen
- COX-2 selective
- Diclofenac

## COX-2 Selective, remember "-coxib" main: Celecoxib

## Beneficial effects of inhibition PG synthesis

Analgesia

↓ Bradykinin, 5-HT (serotonin)

Antipyretic

↓ IL-1, reset thermostat

Anti-inflammatory

↓ PGE2, PGI1

## Antithrombotic

by aspirin at low dose (permanent acetylation, inhibit platelet activation)

Arteriosus (NSAIDs for closure of patent ductus arteriosus)

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## Adverse effect

nSAIDS		
	Allergy	
	Impaired	
	Renal function	
	Damage stomach wall (ulcer)	

#### Contraindication

#### Bleeding

Avoid in patient: -Anticoagulants -Pregnancy 3rd trimester (premature close DA, risk bleeding) Inhibit platelet cycloxygenase (COX), thereby blocking the formation of thromboxane A2 (TXA2) and impairing TXA2 dependent platelet aggregation

#### Asthma

Inhibition of COX pathway shifts the arachidonic acid metabolism to Lipoxygenase (LOX) pathway leading to increased leukotriene synthesis

## Allergy

Stomach (Peptic ulcer, gastritis)

Mucosal damage by -

COX-1 inhibition: Reduced blood flow Topical irritation: Epithelial damage COX-2 inhibition: Leukocyte adherence \*Can prescribe PPI for gastro-protection

#### CVS event

angina, recent cardiac bypass usrgery, MI, any CV events

REMEMBER **CBARS** 

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