GC for RA

Short acting (Preferred))

- **Cortisone**
- **Hydrocortisone**

Intermediate acting

- Prednisone
- Prednisolone

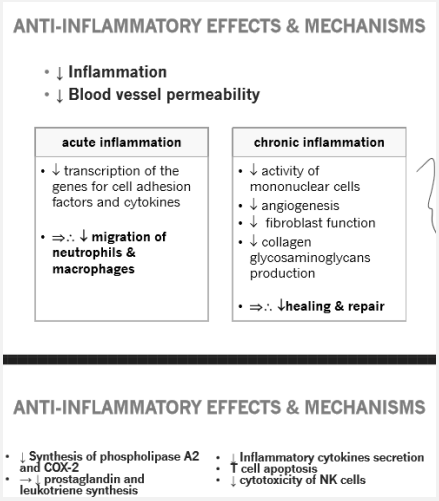
Long acting

- Betamethasone
- Dexamethasone
- **!!!HPA suppresion**

REMEMBER

Steroid = S = -sone

Anti-inflammatory effect & mechanism



Adverse effect & Contraindication

Glaucoma

Lunacy (psychotic episode)

- CI: Epilepsy

Ulcer (peptic)

- CI: Peptic ulcer

Cushing syndrome

Opportunistic infection

- CI: Immunosuppresive (eg: TB)

Cataract

- for long term use

Adverse effect & Contraindication (cont)

Osteoporosis

- CI: Osteoporosis

Retention sodium and water

- CI: **CHF, HpT, renal failure**

Telangectasia (dilated or broken blood vessels located near the surface of the skin or mucous membranes.

Insulin resistance

- CI: **Diabetes melitus**

Outgrowth retardation

- in children

Delayed wound heling

Supress HPA axis

- long acting very potent GC:
  Betamethasone
  Dexamethasone

REMEMBER

GLUCOCORTICOIDS

cDMARDs

Leflunamide (Arava)

- AE: Hepato, HpT

Sulfasalazine

- Safe in pregnancy
- AE: hypersensitivity, hepato

Cyclosporin

- AE: GI, HpT

Hydroxychloroquine

- AE: Eye, skin hyperpigmentation

Methotrexate

- AE: GI, Hepato

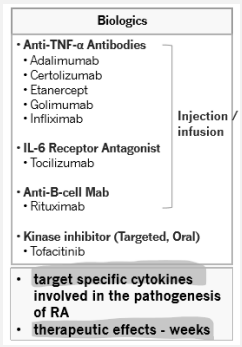
REMEMBER

LiSa Can you give Her Methotrexate

NOTES

- Only **Sulfanazide** is safe in pregnancy (*S = Sulfanazide = Safe in pregnancy - Sensitive*)
- **First line: M**

bDMARDs



extra

Adverse effect & Precaution

Reactivation TB

- TB screening

Opportunistic infection

- Hep B, Hep C, HIV screening (immun-osupression)

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