## Cheatography

# Antipsychotics: First-Generation (Conventional) Cheat Sheet by adrianao via cheatography.com/168237/cs/35343/

### Medications

Chlorpromazine: low potency
Haloperidol: high potency
Fluphenazine: high potency
Thiothixene: high potency
Perphenazine: medium potency
Loxapine: medium potency
Trifluoperazine: high potency

### Purpose

Block dopamine acetylcholine, histamine, and norepinephrine receptors in the brain and periphery

Inhibition of psychotic manifestations, believed to be a result of dopamine blockade in the brain

## Therapeutic Uses

Acute	chronic	psychotic	disorders
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Schizophrenia spectrum disorders

Bipolar disorders (primarily the manic phase)

Tourette syndrome

### Agitation

Prevention of nausea/vomiting through blocking of dopamine in the chemoreceptors trigger zone of the medulla

Complications, Extrapyramidal Side Effects (EPSs)		
Compli-	Nursing Action and	
cation	Education	

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# Complications, Extrapyramidal Side Effects (EPSs) (cont)

Acute Dystonia: the client experiences severe spasms of tongue, neck, face, or back. If the laryngeal muscle are affected, respirations can decrease. This is a crisis situation. which requires rapid treatment Parkinsonism: findings including bradykinesia, rigidity, shuffling gait, drooling, tremors

Monitor for acute dystonia between a few hrs to 5 days after administration of the first dose. Treat with anticholinergic agents, such as benztropine or diphenhydramine. Use oral dose for less acute effects and IM or IV doses for serious effects. Expect improvement within 5min (IV dosing) to 20min (IM dosing)

initiation therapy. Treat with benztropine, diphenhydramine, or amantadine. Discontinue these medications to determine f they are still needed. If manifestations return, administer atypical antipsychotics as prescribed.

## Complications, Extrapyramidal Side Effects (EPSs) (cont) Akathisia: Within 2 months of the

distru- bances	
eating	
speech or	
causes	for adult clients
which	can be prescribed to treat TD
smacking,	every 3 months. Valbenazine
face, lip	months of therapy and then
tongue and	Evaluate the client after 12
of the	lowest dosage possible.
movements	permanent. Administer the
ntarily	change or can be
involu-	improve following medication
(TD):	the start of therapy, and can
Dyskinesia	occur months to years after
Tardive	TD are late EPS that can
agitated	
pacing and	
ually	
is contin-	
or sit, and	anticholinergic medications
stand still	ocker, benzodiazepine, or
unable to	Manage effects with betabl-
client is	initiation of treatment.
Akathisia:	Within 2 months of the

## Other Adverse Effects

Compli- Nursing Action and cation Education

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Other Adverse Effec	ts (cont)	Other Adve	rse Effects (cont)	Other Adverse	Effects (cont)
Neuroleptic Malignant Syndrome: Life Threatening Medical Emergency. Sudden high grade fever, blood pressure fluctu-	alignantMonitor vital signs.Effects:sunlight, use sunscrevndrome: LifeApply coolingphotos-Avoid direct contact ofinreateningblankets, administerensitivitymedicationsedicalantipyretics, increaseresultinginregency.fluids, administerin severeidden high gradediazepam, administersunburns,ver, blooddantrolene andand	Avoid excessive exposure to sunlight, use sunscreen. Avoid direct contact with medications	Sexual Dysfunction: altered libido, difficulty achieving orgasm, erectile and ejaculatory dysfunction	Report to provider. Lower dosage or chaging to high potency agents can minimize these effects	
ations, dysrhy- thmias, muscle rigidity, diapho- resis, tachycardia, and change in LOC developing	induce muscle relaxa- tion, ICU immediately, with 2 weeks before resuming therapy	dermatitis from handling medica- tions Orthos-	Monitor blood pressure and	Agranuloc- ytosis	Indications of infections appear, obtain baseline WBC. Medication should be discontinued if infection. Observe for infection.
AnticholinergicChewing sugarlessEffects: dry mouth,gum, sipping water,olurred vision,avoid hazardousohotophobia,activities, wearingurinary hesita-sunglasses outdoors,ocy/retention,eating high fiber,	tatic Hypote- nsion	heart rate for orthostatic changes. If significant decreases in BP or increases in HR is noted don't administer medication. Tolerance should develop in 2-3months. If lightheadedness	Severe Dysrhythmias	Obtain baseline ECG and potassium level prior to treatment and periodically throughout treatment. Avoid concurrent used with other medications tha prolong QT interval	
constipation, tachycardia	regular exercising, 2- 3L of water daily, voiding before medications	Sedation	or dizziness occurs, sit or lie down. Change positions slowly Sedation Effects should diminish within a few weeks. Take this medication at bedtime to avoid daytime sleepiness. Don't drive until sedation has subsidede	Liver Impair- ments	Assess baseline liver function and monitor liver function. Observe for anorexia, nausea,
Neuroendocrine Effects: gyneco- mastia (breast enlargement), galactorrhea, and mensural irregular- ities	Observe for manife- stations and notify provider if these occur				vomiting, fatigue, abdominal pain, jaundice
Seizures: greatest risk for developing seizures is existing seizure disorder	Increase in anti-s- eizure medication can be necessary				



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## Contraindications/ Precautions

Contraindicated in clients in a coma, and clients who have Parkinson's disease, liver damage, prolactin dependent cancer of the breast, and severe hypotension

Contraindicated in older clients who have dementia

Use cautiously in clients who have glaucoma, paralytic ileus, prostate enlargement, heart disorders, liver or kidney disease, and seizure disorders.

Interactions	
Interaction	Nursing Action and Education
Anticholinergic agents	Avoid over the counter medications containing anticholi- nergic agents, such as sleep aids and antihistamines
CNS Depressants: alcohol, opioids, and antihistamines have additive CNS depressant effects	Avoid alcohol and other medications that cause CNS depression, Avoid hazardous activities such as driving
Levodopa: by activating dopamine receptors, levodopa counteracts the effects of antips- ychotic agents	Avoid concurrent use of levodopa and other direct dopamine receptors agonists

### **Nursing Administration**

These medications are reserved for clients who are using them successfully and can tolerate the adverse effects, or violent/particularly aggressive

Use the abnormal involuntary movement scale (AIMS) to screen for the presence of EPS

Assess the client to differentiate between EPS and worsening of psychotic disorder

Administer anticholinergics, beta blockers, and benzodiazepines to control early EPSs. If adverse effects are intolerable, the client can be switched to a low potency or atypical antipsychotic agent.

Consider depot preparation administration IM once every 2-4 weeks for clients who have difficulty maintaining medication regimen. Inform the client that lower doses can be used with depot preparations, which will decrease the risk of adverse effects

Antipsychotic medications don't cause addiction

Some therapeutic effects can be noticeable within a few days, but significant improvements can take 2-4weeks, and possibly several months for full effects



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